



ideas@work

Educreative solutions by JBCN Learners

—— VOLUME 3 ——



JBCN
International School

The gift of reading

Athiya Choudhari, a Grade I learner has taken up the responsibility of teaching basic spoken English to her didi who works at her house. She had made a drawing for her didi who was unable to read her own name on it and this motivated Athiya to spend some time each day to help her didi to read and write. It is a very thoughtful gesture and a great way to make a positive difference in someone's life.





Face shields for frontline workers

Our young learner, Parissa Jain is helping her family to provide face shields for the frontline workers such as police and BMC workers.

With the support of family and friends, Parissa has been able to distribute 6000 face shields to safeguard the health of people who are working tirelessly to keep us safe.

We are very proud of our learners who do not miss a single opportunity to contribute during these difficult times.



Serving happiness, one meal at a time

Riddhi Savla, mother of Ridhaan Savla has been running a home kitchen for over a year now. During this period of lockdown, she has been receiving requests for 100-120 meals during a day in her society from people for whom cooking meals is a challenge.

Ridhaan helps her mother with the packaging and he enjoys handing over the meals to the guests once they come to pick up their meals. While he could have spent this time playing, Ridhaan chooses to spend his time helping his mother and serving the people in a small way in these difficult times.





Welcome to Vihaana's world

Vihaana Desai of Grade III has set up an Instagram handle as a medium to share videos on how to stay engaged and continue the learning during the lockdown. A few days into the quarantine, she realized that like her many children must be struggling with how to stay active and decided to

share some interesting ways to tackle the boredom. Vihaana's inspiration is her mother who also helps her in editing and uploading the videos regularly.

Vihaana has also started doing a radio show on 93.5 RED FM with RJ Malishka through which she shares her perception of the lockdown as a child and how we can make the most of it.

LINK: [Welcome to my world](#)

BORIVALI



Compassion for animals

Compassion is an action word without any boundaries. Our learner, Vighnaan Thakkar personified this thought when he decided to help out the animals near his house who were without any food during the lockdown. He came up with a very thoughtful gesture of feeding rotis to our four-legged friends with the help of his parents. We are very touched by his compassion for animals who have no one to look after them during this ongoing pandemic. We hope more people take inspiration from Vighnaan.





The Pandemic Diaries

Dia Bhojwani (Grade IX) is a passionate writer and has penned down a blog series for 21 days, titled the Pandemic Diaries.

Through her blogs, Dia shares her experience and perception of the ongoing lockdown and wishes to motivate the readers to express, pause and reflect as we all go through a roller-coaster of emotions.

While we get flooded with alarming news everyday, her blogs are a breath of fresh air with her quip and cheerful expressions of how she copes with the situation.

READ THE BLOGS HERE: [The Pandemic Diaries](#)



Self-expression during self isolation

Irrespective of being in the comfort of one's home, social distancing and staying in quarantine can be challenging. Self-isolation during such testing times can also have a psychological effect on individuals, especially the highly sensitive ones. Arianna Juneja,

our Grade X learner has started an Instagram page as a platform for self-expression; an outlet for art, literature, music, fashion, sports, or anything that influences and inspires one.

According to her, suppression of emotions can lead to depression and decline in productivity. Through her page she wishes to motivate people to express, be creative and mould the testing times into blooming ones!

LINK: [Self Expression](#)

Mental health and Mindfulness initiatives

The Learner Support Centre at JBCN Borivali has been organising various Mindfulness and Mental health activities for parents, learners, staff members and the support staff members everyday ever since the lockdown began. These activities include but are not limited to mandala drawings, writing a letter to oneself, doodling, cloud watching with the family, gratitude activity and so on. The team also organized a virtual workshop - 'Let's take a breather' for parents, teaching and non-teaching staff.

These activities helped in bringing a sense of peace and calm amidst everyone's chaotic schedules. We are extremely grateful to our Learner Support Centre team for being so supportive and thoughtful about everyone's well-being.

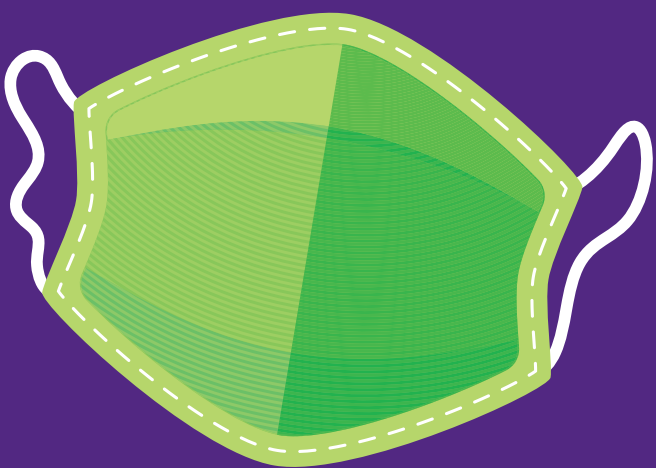


Lockdown Diaries - Face Mask



Making the most of the lockdown, Mr. Abhinandan Bhattacharya of JBCN Oshiwara has given an outlet to his creative side through a poem titled 'Face Mask'. The poem has been featured in "Lockdown Diaries", an ebook published by The Impish Lass Publishing House.

Here is his poem to read, ponder over and enjoy!



*Adjusting her veil, she is set to work
Oblivious to comments and many a smirk,
Day in and day out grinding sandal and turmeric
Just to buy a night's rest on that borrowed red brick.*

*The predator looms large – it's a game of hide and seek,
Her penury though, has a different plight to speak.
What must she do? – thoughts she must weigh,
To rot in isolation or to hit the highway!*

*Exfoliation of the past has been her only scope,
The twilight bathes her soul shadowing a primrose hope.
Crowned is the devil – a new age pied piper
One step outside and she goes with the sniper.*

*Tread she must across the debris of inhibition
To write her own fate and change the narration,
Feisty in spirits and fierce in her will
The burnt sienna of her eyelids is set to go uphill.*

*To smoothen weary pathways, her mask must sell –
Cleansing traces of devastation for real beauty to dwell,
Unremitting and merciless – the tyrant takes the throne,
Such threats, now, her dauntless mind has outgrown.*

*Quietened may be the beast – turned to a sober prince
By her love and purity – his diabolic growl in a mince,
That crown, he may keep, for this is beyond her care,
A sacrifice for her kingdom – let this be our fanfare.*

ABHINANDAN BHATTACHARYA

If you have any interesting initiatives to share please write to us at ideasatwork@jbcn.in mentioning the full name, grade and campus of the learner.